

## PVS Age Group/Senior 2

June 30, 2013

Sanctioned by USA Swimming through Potomac Valley Swimming: **PVS-13-77**

Hosted for PVS by: Fairland Aquatics and Potomac Marlins

**Entries due to Meet Manger by: Thursday June 13, 2013 (check on club deadline)**

Warm up: 13 & O: 6:30 - 7:20 am

Event: 13 & O: 7:30 am

Warm up: 12 & U: 12:00 pm -12:50 pm

Event: 12 & U: 1:00 pm

The PVS Technical Committee and Administrator reserve the right to alter the session times for each age group after all meet entries are received to ensure that all timeline requirements are met.

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|------------------------|---|---|
| Meet Host/Director:    | Potomac Marlins, Bill Marlin<br><a href="mailto:coach_bill@verizon.net">coach_bill@verizon.net</a><br>571-334-0987<br>3212 Allness Ln<br>Herndon ,VA 20171  | Fairland Aquatics, Manga Dalizu<br><a href="mailto:fairlandswim@comcast.net">fairlandswim@comcast.net</a><br>240-456-0103<br>9518 Haddaway Place<br>Laurel, MD 20723  |
| Meet Referee:          | John Kost<br><a href="mailto:kimjohnkost@netzero.net">kimjohnkost@netzero.net</a>   | Marc Alvarez  |
| Club Official's Chair: | John Kost<br><a href="mailto:kimjohnkost@netzero.net">kimjohnkost@netzero.net</a><br><br>Contact club chair if you are available to officiate at the meet   | Randy Bowman<br><a href="mailto:bowmanr@yahoo.com">bowmanr@yahoo.com</a><br>443-643-5484<br>Contact club chair if you are available to officiate at the meet  |
| Facility:              | <b>Lee District Rec Center</b><br>6601 Telegraph Rd<br>Alexandria, VA 22310 703-922-4841 <ul style="list-style-type: none"> <li>8 lane, 50 meter, 13' at the starting end and 4.5' at the turning end</li> <li>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</li> </ul> | <b>Fairland Aquatic Center</b><br>13820 Old Gunpowder Rd<br>Laurel, MD 20707<br>703-922-4841 <ul style="list-style-type: none"> <li>8 lane, 50 meter, 13' at the starting end and 4.5' at the turning end</li> <li>The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).</li> </ul> |
| Team Assignments:      | <b>AAC, ANSC, BWST, CSC, NCAP (West, Tysons, Burke &amp; Alex), FBST, FISH, JCCW, HACC, MACH, MAKO, OCCS, PM, RIPS, SDS, SNOW, YORK, TANK, LMAC, RY, VLAC</b>   | <b>ASA, AU, BTSC, CODS, DCPR, FGAC, FAST, JFD, MSSC, PEAK, ERSC, PAC, RMSC, TIBU, TOLL, NCAP (Germantown, AU, PG &amp; Georgetown Prep), DSS, SSCT, DRAG, HEAL, LCL, MAC, PGKS, PGPR</b>  |
|                        | <b>Note: Assignments of clubs to pool sites will be reviewed, by the PVS Administrator after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.</b>   |   |
| Eligibility:           | Open to all Potomac Valley Swimming registered athletes. Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.   |   |
| Disability Swimmers:   | PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed   |   |

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|                    | and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session Referee of any disability prior to competition.   |
| Rules:             | <ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern the meet.</li> <li>• All events are timed finals.</li> <li>• <b>A swimmer may enter no more than 3 events.</b></li> <li>• Seed times are long course meters. Converted times and coaches times are preferred over NT entries.</li> <li>• No on-deck USA-S registration is permitted</li> <li>• Deck entries will be accepted, and are \$10 per individual event. All deck entries must be submitted no later than 45 minutes prior to first event of each session. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries.</li> <li>• Evidence of current USA-S registration will be required for deck entries.</li> <li>• In compliance with USA Swimming Rules and Regulation, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul> |
| Positive Check In: | <b>All events will be deck seeded.</b> Athletes who check into a deck-seeded event, have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee before the event takes place.  |
| Warm Up:           | The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of Warm-up times/lane assignments.   |
| Supervision:       | Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.  |
| Awards:            | There are no awards for this meet.   |
| Programs:          | Programs will be available for each session for a price not to exceed \$2. In the event of the entire session being positive check –in, programs may not be available until after the start of the meet. In the event that programs are not able to be sold, programs will be posted throughout the spectator areas.   |
| Credentials:       | Parents not working the meet as a deck official, volunteer timer or other position are not permitted on the deck. Only athletes, USA Swimming certified coaches,   |

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|  | and deck officials will be permitted on the deck. Coaches and Officials should have their current USA Swimming card with them at all times.  |
| Officials & Timers:  | <ul style="list-style-type: none"> <li>• Each participating club is requested to provide at least one table worker or official (Referee, Starter or Stroke &amp; Turn Judge) per session if entering 25 or more splashes</li> <li>• All certified officials wishing to volunteer please contact the appropriate club official's chair prior to June 19.</li> <li>• Participating clubs are required to provide timers in proportion to their entries. One timer is required for each 25 entries.</li> <li>• The Meet Director may send out a request for timers based upon entries.</li> </ul>   |
| <del>Entry Procedures:</del>   | <ul style="list-style-type: none"> <li>• <del>Entries should be submitted using Hy-Tek Team Manager.</del></li> <li>• <del>Include in the subject of the email, "2013 PVS SR/AG 2 - ***" with the clubs initials in place of the asterisks. Also include training site if your club submits multiple entry files.</del></li> <li>• <del>Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the meet director.</del></li> <li>• <del>Individual event fee: \$4.75 (make checks payable to PVS)</del></li> <li>• <del>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</del></li> <li>• <del>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.</del></li> </ul> |
| NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Lee District Rec Center, Potomac Marlins, Fairland Aquatic Center and Fairland Aquatic Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |  |

### 13 & Over/Senior Session

Warm up: 6:30-7:20 am, Events: 7:30 am

| Women's Events #  | Event                             | Men's Event # |
|---|-----------------------------------|---------------|
| 1   | 13 & Over 400 M Freestyle         | 2             |
| 3   | 13 & Over 100 M Backstroke        | 4             |
| 5   | 13 & Over 200 M Breaststroke      | 6             |
| 7   | 13 & Over 100 M Butterfly         | 8             |
| 9   | 13 & Over 200 M Individual Medley | 10            |
| 11  | 13 & Over 50 M Freestyle          | 12            |
| Positive Check-In for all events by 7:00 am<br>Meet Director has determined that all events will be positive check-in |                                   |               |

### 12 & Under Session

Warm up: 12:00 pm-12:50 pm, Events: 1:00 pm

| Women's Event # | Events                      | Men's Event # |
|-----------------|-----------------------------|---------------|
| 13              | 11-12 400 M Freestyle       | 14            |
| 15              | 10 & Under 400 M Freestyle  | 16            |
| 17              | 11-12 100 M Backstroke      | 18            |
| 19              | 10 & Under 100 M Backstroke | 20            |
| 21              | 11-12 200 M Breaststroke    | 22            |

|  |                                       |    |
|--|---------------------------------------|----|
| 23   | 10 & Under 100 M Butterfly            | 24 |
| 25   | 11-12 100 M Butterfly                 | 26 |
| 27   | 10 & Under 50 M Freestyle             | 28 |
| 29   | 11-12 50 M Freestyle                  | 30 |
| 31   | 10 & Under 200 M Individual<br>Medley | 32 |
| 33   | 11-12 200 M Individual Medley         | 34 |
| 35   | 10 & Under 50 M Breaststroke          | 36 |
| 37   | 11-12 50 M Breaststroke               | 38 |
| <p>Positive Check-In for all events by 12:30 pm (or 30 minutes after the start of warm up).<br/> Meet Director has determined that all events will be positive check-in.</p> |                                       |    |