

AAC

Presents

New Year's Challenge Tri Meet

January 23-24 2016

Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction #

Meet Director:	Matthew Wolff – 703-932-7210 mwolffswim@gmail.com
Club Officials Chairman:	Kelly Rowell officials@swimhacc.org
Meet Referee:	Jim Thompson
Meet Location:	Yorktown Aquatic Center 520o Yorktown Blvd. Arlington VA 22207 703-228-8754 Starting end is at least 6'5". The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2
Schedule:	Saturday Session: 11-14 Year Old Swimmers Warm up 2:00-2:30 pm Event Start 2:40 pm 10 and under Swimmers Warm up 5:00 -5:30 pm Event Start 5:40 pm Sunday Session: 11-14 Year Old Swimmers Warm-up 7:00-7:30 am First Event 7:40 am 10 and Under Swimmers Warm up 10:20-10:50 am Event Start 11:00 am
Eligibility:	Open to all Potomac Valley Swimming registered athletes that participate on the invited teams. AAC, HACC and YORK. Athletes must be in good standing with USA Swimming and their respective LSC. Athletes shall compete at the age attained on the first day of meet.

Swimmers with a Disability:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
Rules:	<p>Current USA Swimming rules shall govern the meet.</p> <p>The use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing would be violating the USA Swimming Sportsmanship policy</p> <p>Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.</p> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12&U sessions in Rule 205.3.1F</p> <p>All events are timed finals. All events will be swum slowest to fastest. A contestant may enter up to but no more than three (3) individual events/day, six (6) total for the meet.</p> <p>All swimmers wishing to enter a 200 yard event must have a provable time. No Time (NT) entries will not be accepted for 200's at this meet.</p>
Notice:	<p>Notice: Since this swim meet is a public event, members of the press may be present at the meet. Press photographers may be taking pictures and may publish them in the newspaper or in the case of the Washington Post, on their swimming web site www.reachforthewall.com. No names or ages will be provided to the press without written permission of the parent.</p> <p>Meet Manager reserves the right to adjust warm up and event start times and events offered once all entries have been received.</p>
Warm ups:	The prescribed PVS Warm-up procedures and safety policies will be followed.
Admission:	There is no admission charge. Programs for each session will be available and provided by email from each team. Working officials and coaches receive a free program.
Officials:	Officials assigned to this meet should sign in at the recording table 10 minutes before the start of the warm-ups. Certified officials who have not

	<p>been contacted and would like to volunteer should contact Kelly Rowell or officials@swimhacc.org or speak with the deck referee at the meet.</p>
Supervision & Seating:	<p>Coaches are responsible for the conduct of their swimmers and families. Please clean your team area after each session, thank you. We ask all parents to sit in the bleachers above the pool and all coaches and swimmers around the perimeter of the pool. Only swimmers, coaches, timers and officials will be permitted on the pool deck.</p>
Timers:	<p>The host club will provide at least one timer per lane. Participating clubs are requested to provide at least one timer every session the team participates in proportion to their entries. Upon submission of the meet entry, clubs will be notified of the number of timers to be provided. Acceptance of the club entry is based upon compliance with the above..</p>
Deck Entries:	<p>Deck entries are \$10.00 per individual event and must be submitted <u>with payment</u> no later than 30 minutes prior to the first event of each session. No new heats will be created. First come, first served.</p>
MEET ENTRY PROCEDURES:	<p>\$5.00 per individual event. Attending teams will work together to pay fees associated with this meet after entries have been received.</p> <p>General Instructions:</p> <ul style="list-style-type: none"> <input type="checkbox"/> ALL ENTRIES MUST BE RECEIVED BY 5:00PM, Tuesday January 19, 2016 NO LATE ENTRIES ACCEPTED <input type="checkbox"/> Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. <input type="checkbox"/> ENTRY FEES: \$5.00 per individual event <input type="checkbox"/> Email: mwolffswim@gmail.com <input type="checkbox"/> Entry fees are due after entries have been received. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. No further entries will be accepted from clubs for future meets until all entry fees are paid in full by the club to the meet director. <input type="checkbox"/> Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00; no further entries will be accepted from the club/team until said fine has been paid. <input type="checkbox"/> Attach the "meet entries" export file from Hy-Tek Meet Manager. Also attach a meet entry report by swimmer and a meet entry report by event. Create these reports in Team Manager and save as Word for Windows files.

Submit entries to the Meet Manager, **NAME AND EMAIL.**

• In the subject heading please indicate "New Years Challenge #####" with the club's initials substituted in place of the number symbols

Make checks payable to "TBD".

Send entries to:

NAME: Matthew Wolff

ADDRESS: mwolffswim@gmail.com

Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgment should contact the Meet Director by other than e-mail to confirm receipt.

Note In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Yorktown Aquatic Center, and AAC swim club shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

New Year's Challenge Saturday January 23, 2016

Session 1
Warm up 2:00-2:30 pm
Event Start 2:40 pm

Girls	Saturday Sessions	Boys
Event #	Events	Event #
1	11-14 200 Freestyle	2
3	11-12 100 Breaststroke	4
5	13-14 100 Breaststroke	6
7	11-12 50 Butterfly	8
9	11-14 200 Butterfly	10
11	11-12 100 Backstroke	12
13	13-14 100 Backstroke	14
15	11-12 50 Freestyle	16
17	13-14 50 Freestyle	18
19	11-12 100 Individual Medley	20

Session 2
Warm up 5:00-5:30 pm
Event Start 5:40 pm

21	10 and Under 200 Freestyle	22
23	8 & Under 25 Breaststroke	24
25	9-10 50 Breaststroke	26
27	8 & Under 50 Butterfly	28
29	10 & Under 100 Butterfly	30
31	8 & Under 25 Backstroke	32
33	9-10 50 Backstroke	34
35	8 & Under 50 Freestyle	36
37	10 & Under 100 Freestyle	38
39	8 & Under 100 Individual Medley	40
41	9-10 100 Individual Medley	42

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**New Years Challenge
Sunday January 24, 2016**

Session 3
Warm up 7:00 am-7:30 am
Event Start 7:40 am

Girls	Sunday Sessions	Boys
Event #	Events	Event #
43	11-14 200 Individual Medley	44
45	11-12 100 Butterfly	46
47	13-14 100 Butterfly	48
49	11-12 50 Breaststroke	50
51	11-14 200 Breaststroke	52
53	11-12 100 Freestyle	54
55	13-14 100 Freestyle	56
57	11-12 50 Backstroke	58
59	11-14 200 Backstroke	60

Session 4
Warm up 10:20-10:50 am
Event Start 11:00 am

61	10 and Under 200 Individual Medley	62
63	8 & Under 50 Backstroke	64
65	10 & Under 100 Backstroke	66
67	8 & Under 25 Butterfly	68
69	9-10 50 Butterfly	70
71	8 & Under 50 Breaststroke	72
73	10 & Under 100 Breaststroke	74
75	8 & Under 25 Freestyle	76
77	9-10 50 Freestyle	78

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